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# **NEW ANNUAL**

## **2019 Edition**

**Programming Schedule**  
**Grand Junction, Western**  
**Slope and Southwestern**  
**Colorado**

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**Newspapers Read**

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**Contact & Service Information**

## SUNDAY

<b>SUNDAY</b>	12:00 AM	<b>Colorado History</b>	NOON	<b>Colorado History</b>
	12:30 AM		12:30 PM	<b>Human Health</b>
	1:00 AM	<b>NY Times Travel</b>	1:00 PM	<b>Grand Junction Sentinel</b>
	1:30 AM	<b>Colorado Outdoors</b>	1:30 PM	
	2:00 AM	<b>Food and Stuff</b>	2:00 PM	<b>NY Times Magazine</b>
	2:30 AM	<b>NY Times Book Review</b>	2:30 PM	
	3:00 AM	<b>Audio Book News</b>	3:00 PM	<b>Jewish Community News</b>
	3:30 AM	<b>Indian Country Today News</b>	3:30 PM	
	4:00 AM	<b>No CO Pay Radio</b>	4:00 PM	<b>Science and Technology</b>
	4:30 AM	<b>Opera News</b>	4:30 PM	<b>Business and Technology</b>
	5:00 AM	<b>Grand Junction Sentinel</b>	5:00 PM	<b>Political Perspectives</b>
	5:30 AM		5:30 PM	
	6:00 AM	<b>NY Times Magazine</b>	6:00 PM	<b>Colorado History</b>
	6:30 AM		6:30 PM	
	7:00 AM	<b>The Pagosa Springs Sun</b>	7:00 PM	<b>Tribute to Old Time Radio</b>
	7:30 AM		7:30 PM	
	8:00 AM	<b>Aspen Times</b>	8:00 PM	<b>AARP</b>
	8:30 AM		8:30 PM	
	9:00 AM	<b>The Economist</b>	9:00 PM	<b>Grand Junction Sentinel</b>
	9:30 AM		9:30 PM	
	10:00 AM	<b>Inspiration</b>	10:00 PM	<b>Aspen Times</b>
	10:30 AM	<b>Catholic News</b>	10:30 PM	
	11:00 AM	<b>Spiritual Reflections</b>	11:00 PM	<b>NY Times Magazine</b>
	11:30 AM	<b>Colorado History</b>	11:30 PM	

## MONDAY

**MONDAY**

12:00 AM	Political Perspectives	NOON	Gunnison Country Times
12:30 AM		12:30 PM	Human Health
1:00 AM	NY Times Travel	1:00 PM	Grand Junction Sentinel
1:30 AM	Conscious Living	1:30 PM	
2:00 AM	Food & Stuff	2:00 PM	Discount Ads
2:30 AM	Lighter Side	2:30 PM	
3:00 AM	Sports	3:00 PM	Audio Book News
3:30 AM		3:30 PM	Durango Herald
4:00 AM	Human Health	4:00 PM	
4:30 AM	American Heritage	4:30 PM	Christian Science Monitor
5:00 AM	Grand Junction Sentinel	5:00 PM	
5:30 AM		5:30 PM	The Dolores Star
6:00 AM	Science and Technology	6:00 PM	
6:30 AM	Business and Technology	6:30 PM	American Heritage
7:00 AM	Durango Herald	7:00 PM	Craig Daily
7:30 AM		7:30 PM	Montrose Daily Press
8:00 AM	Summit News	8:00 PM	Yoga Balance
8:30 AM		8:30 PM	Yoga Therapy
9:00 AM	Aspen Times	9:00 PM	Grand Junction Sentinel
9:30 AM		9:30 PM	
10:00 AM	Lighter Side	10:00 PM	Summit News
10:30 AM	Yoga Therapy	10:30 PM	
11:00 AM	Inspiration	11:00 PM	The Journal
11:30 AM	Craig Daily Press	11:30 PM	

## TUESDAY

<b>TUESDAY</b>	12:00 AM	Steamboat Pilot	NOON	Montrose Daily Press
	12:30 AM	Food and Stuff	12:30 PM	Audio Book News
	1:00 AM	Inspiration	1:00 PM	Grand Junction Sentinel
	1:30 AM	Black Experience	1:30 PM	
	2:00 AM		2:00 PM	Employment Opportunity News
	2:30 AM	Human Health	2:30 PM	
	3:00 AM	Christian Science Monitor	3:00 PM	Conscious Living
	3:30 AM		3:30 PM	Durango Herald
	4:00 AM	NoCo Pay Radio	4:00 PM	
	4:30 AM	Spiritual Reflections	4:30 PM	Christian Science Monitor
	5:00 AM	Grand Junction Sentinel	5:00 PM	
	5:30 AM		5:30 PM	Telluride News
	6:00 AM	Travelin Tales	6:00 PM	
	6:30 AM		6:30 PM	Steamboat Pilot
7:00 AM	Durango Herald	7:00 PM	Rio Blanco Times	
7:30 AM		7:30 PM	Inspiration	
8:00 AM	Telluride News	8:00 PM	Yoga Balance	
8:30 AM		8:30 PM	Yoga Therapy	
9:00 AM	Our Judaic Heritage	9:00 PM	Grand Junction Sentinel	
9:30 AM		9:30 PM		
10:00 AM	Spiritual Reflections	10:00 PM	Telluride News	
10:30 AM	Disability News	10:30 PM		
11:00 AM		11:00 PM	Aspen Times	
11:30 AM	Craig Daily Press	11:30 PM		

## WEDNESDAY

**WEDNESDAY**

12:00 AM	Regional Travel	NOON	Jackson County Star
12:30 AM	NY Times Book Review	12:30 PM	Environment
1:00 AM	Conscious Living	1:00 PM	Grand Junction Sentinel
1:30 AM	Audio Book News	1:30 PM	
2:00 AM	Inspiration	2:00 PM	Grocery Ads
2:30 AM	Spiritual Reflections	2:30 PM	
3:00 AM	Christian Science Monitor	3:00 PM	Human Health
3:30 AM		3:30 PM	Durango Herald
4:00 AM	Political Perspectives	4:00 PM	
4:30 AM		4:30 PM	Christian Science Monitor
5:00 AM	Grand Junction Sentinel	5:00 PM	
5:30 AM		5:30 PM	The Mancos Times
6:00 AM	Science and Technology	6:00 PM	
6:30 AM	Colorado Outdoors	6:30 PM	Craig Daily
7:00 AM	Durango Herald	7:00 PM	Montrose Daily Press
7:30 AM		7:30 PM	Colorado Outdoors
8:00 AM	Summit News	8:00 PM	Yoga Balance
8:30 AM		8:30 PM	Yoga Therapy
9:00 AM	Financial News	9:00 PM	Grand Junction Sentinel
9:30 AM		9:30 PM	
10:00 AM	Colorado Gardening	10:00 PM	Summit News
10:30 AM	Economist	10:30 PM	
11:00 AM		11:00 PM	The Journal
11:30 AM	Steamboat Pilot	11:30 PM	

**THURSDAY**

**THURSDAY**

12:00 AM	Financial Times	NOON	Montrose Daily Press
12:30 AM		12:30 PM	Lighter side
1:00 AM	High Country News	1:00 PM	Grand Junction Sentinel
1:30 AM	Indian Country News	1:30 PM	
2:00 AM	Colorado Jewish Community News	2:00 PM	Employment Opportunity News
2:30 AM		2:30 PM	
3:00 AM	Christian Science Monitor	3:00 PM	Regional Travel
3:30 AM		3:30 PM	Durango Herald
4:00 AM	NY Times Book Review	4:00 PM	
4:30 AM	Colorado Gardening	4:30 PM	Christian Science Monitor
5:00 AM	Grand Junction Sentinel	5:00 PM	
5:30 AM		5:30 PM	The Pagosa Springs Sun
6:00 AM	Disability News	6:00 PM	
6:30 AM		6:30 PM	Steamboat Pilot
7:00 AM	Durango Herald	7:00 PM	Jackson County Star
7:30 AM		7:30 PM	Colorado Gardening
8:00 AM	The Pagosa Springs Sun	8:00 PM	Yoga Balance
8:30 AM		8:30 PM	Yoga Therapy
9:00 AM	Black Experience	9:00 PM	Grand Junction Sentinel
9:30 AM		9:30 PM	
10:00 AM	Audio Book News	10:00 PM	The Pagosa Springs Sun
10:30 AM	High Country News	10:30 PM	
11:00 AM	Indian Country Today News	11:00 PM	Aspen Times
11:30 AM	Craig Daily Press	11:30 PM	

**FRIDAY**

**FRIDAY**

12:00 AM	The Economist	NOON	Rio Blanco Times
12:30 AM		12:30 PM	Colorado Outdoors
1:00 AM	Financial News	1:00 PM	Grand Junction Sentinel
1:30 AM		1:30 PM	
2:00 AM	Environment	2:00 PM	AARP
2:30 AM	Opera News	2:30 PM	
3:00 AM	Christian Science Monitor	3:00 PM	Hobby Radio
3:30 AM		3:30 PM	Durango Herald
4:00 AM	Colorado Gardening	4:00 PM	
4:30 AM	Hobby Radio	4:30 PM	Christian Science Monitor
5:00 AM	Grand Junction Sentinel	5:00 PM	
5:30 AM		5:30 PM	Telluride News
6:00 AM	Audio Book News	6:00 PM	
6:30 AM	Lighter Side	6:30 PM	Craig Daily Press
7:00 AM	Durango Herald	7:00 PM	Gunnison Country Times
7:30 AM		7:30 PM	Audio Book News
8:00 AM	Summit News	8:00 PM	Yoga Balance
8:30 AM		8:30 PM	Yoga Therapy
9:00 AM	Colorado Jewish Community News	9:00 PM	Grand Junction Sentinel
9:30 AM		9:30 PM	
10:00 AM	Regional Travel	10:00 PM	Summit News
10:30 AM	NY Times Travel	10:30 PM	
11:00 AM	Food and Stuff	11:00 PM	Telluride
11:30 AM	Steamboat Pilot	11:30 PM	

## SATURDAY

<b>SATURDAY</b>	12:00 AM	Parenting	NOON	Employment Opportunity News
	12:30 AM	Hobby Radio	12:30 PM	
	1:00 AM	Grocery Ads	1:00 PM	Grand Junction Sentinel
	1:30 AM		1:30 PM	
	2:00 AM	TimeOUT	2:00 PM	Political Perspectives
	2:30 AM	Food and Stuff	2:30 PM	
	3:00 AM	Christian Science Monitor	3:00 PM	Sports
	3:30 AM		3:30 PM	
	4:00 AM	Inspiration	4:00 PM	Disability News
	4:30 AM	Audio Book News	4:30 PM	
	5:00 AM	Grand Junction Sentinel	5:00 PM	No Co-Pay Radio
	5:30 AM		5:30 PM	Audio Book News
	6:00 AM	Disability News	6:00 PM	AARP
	6:30 AM		6:30 PM	
	7:00 AM	Black Experience	7:00 PM	Yoga Balance
	7:30 AM		7:30 PM	Yoga Therapy
	8:00 AM	Children's Saturday	8:00 PM	Inspiration
	8:30 AM		8:30 PM	Human Health
	9:00 AM	Food and Stuff	9:00 PM	Grand Junction Sentinel
	9:30 AM	Regional Travel	9:30 PM	
10:00 AM	The Economist	10:00 PM	TimeOUT	
10:30 AM		10:30 PM	Opera News	
11:00 AM	Catholic News	11:00 PM	The Economist	
11:30 AM	Conscious Living	11:30 PM		